

### Clinical Supervisor

**Eileen Clancy, MA, LCADC**  
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### Clinical Staff

**Jay Hessler, MS**

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(serving the students and families of Frederick H.S., Walkersville H.S., Tuscarora H.S. Also those who are not attending Frederick County Schools)

**Jessica Chausky, MS, LCADC**

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**301-600-3567**

(serving students and families of Brunswick, Oakdale, Thomas Johnson, Heather Ridge, Jefferson School, and Linganore, Catocin, Middletown, Urbana, High Schools)

### Administrative Clerk

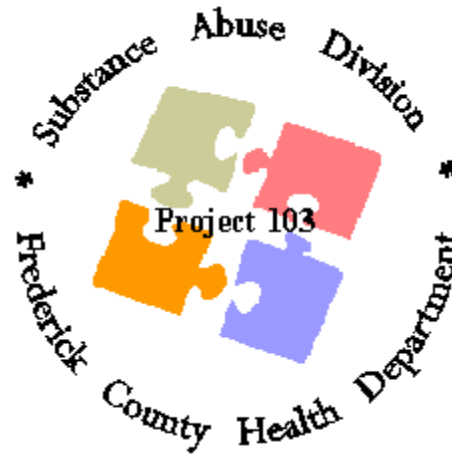
**Heather Winn**

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**301-600-3336**



## **ADOLESCENT**

## **BEHAVIORAL HEALTH SUBSTANCE ABUSE SERVICES**



### **Location:**

**Frederick County Health Department  
350 Montevue Lane  
Entrance "D"  
Suite 2-101  
Frederick, MD 21702**

The mission of Substance Abuse Services is to expand recovery from substance abuse within Frederick County. To accomplish this mission, a balanced approach is used, intervening at four levels:

- Early Intervention
- Outpatient
- Intensive Outpatient
- Continuing Care

### **We provide:**

*Group Therapy  
Individualized Treatment Plan  
One on One Counseling Sessions  
Family Counseling Sessions  
Multi-Family Counseling Sessions  
Intensive Outpatient Services (IOP)  
Drug Testing  
Referrals to Outside Agencies  
Continuing Care*

***No Cost Tobacco Citation Class  
No Cost Smoking Cessation Program***

School referrals through ESAP are no charge.

## Insurance Guide

### Treatment services will be covered:

Medicaid

Medicaid MCO/PAC

Amerigroup

MD Physicians Care

Priority Partners

United HealthCare

Medicare

Families may have some coverage, but we are Out-of-Network with the following. A full fee will be expected for our services because we are not a provider with these plans:

#### PPO:

Alliance PPO

United Healthcare PPO

Aetna PPO or POS

Cigna PPO

BC/BS – Blue Choice POS

BC/BS – Federal, PPO

#### HMO:

Tri-Care

Cigna- HMO

Aetna- HMO

Optimum Choice

MDIPA

Informed (FMH Insurance)

A sliding scale fee is provided based on proof of income.

Private insurance holders will be given the full fee requirement with our agency, or referred to other providers.

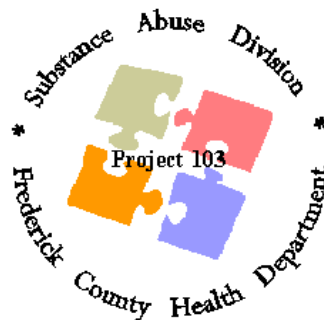
## How to Get Started:

- Call the counselor covering the school that your son/daughter attends (or would attend if not currently in school) to complete a screening. (this call will take approximately 15 mins).
- Parent and son/daughter then attend their scheduled assessment at the Health Department. The assessment will take approximately an hour and a half. At the completion of this appointment, you will have treatment recommendations and a completed fee agreement. (please bring insurance card and proof of income).
- If treatment is recommended, you will be given an appointment for your next session.

### **Full Fee Costs**

<b>Service</b>	<b>Rate</b>
Assessment	\$135
Group	\$28 ea
Individual (30 min)	\$55 ea
Individual (60 min)	\$72 ea
IOP (daily)	\$78 ea
Early Intervention	\$105-141
Family	\$90

Fees are effective July 1, 2012 but are subject to change.



For any questions regarding insurance coverage, cost of services, or sliding scale fees, please contact **Heather Winn** at **301-600-3336**.

